

Size Guide

Below is our sizing guide to help you select the correct items. Inevitably there is some variance in the sizing standards used by manufacturers. We have endeavoured to provide you with the most accurate presentation of these sizes but if you have any concerns or queries, please contact us.

Clothing

Men's Clothing Sizes

International	XS	S	M	L	XL	2XL	3XL	4XL
(a) Chest (inches)	34	36	38-40	42-44	46-48	50-52	54-56	58-60
(a) Chest (cm)	86	91	97-102	107-112	117-122	127-132	137-142	147-152
(b) Waist (inches)	28-30	30-32	32-34	34-36	36-38	38-40	40-42	42-44
(b) Waist (cm)	71-76	76-81	81-86	86-92	92-97	97-102	102-107	107-112

Women's Clothing Sizes

International	2XS	XS	S	M	L	XL	2XL	3XL	4XL
UK Size	6	8	10	12	14	16	18	20	22
(c) Bust/Chest (inches)	30	32	34	36	38	40	42	44	46
(c) Bust/Chest (cm)	76	81	86	91	97	102	107	112	117
(d) Waist (inches)	22	24	25	27	29	31	33	35	37
(d) Waist (cm)	56	61	64	69	74	79	84	89	94
(e) Hips (inches)	32	34	35	37	39	41	43	45	47
(e) Hips (cm)	81	86	89	94	99	104	109	114	119

Junior and Infant Clothing Sizes

International	XXS	XS	S	M	L	XL
EU Size	102-116	116-128	128-140	140-152	152-158	158-170
Age	5-6 Yrs	6-8 Yrs	8-10 Yrs	10-12 Yrs	12-13 Yrs	13-15 Yrs

Footwear

Nike Men's Shoes sizes

US	UK	EU	CM
4	3.5	36	23
4.5	4	36.5	23.5
5	4.5	36.5	23.5
5.5	5	38	24
6	5.5	38.5	24
6.5	6	39	24.5
7	6	40	25
7.5	6.5	40.5	25.5
8	7	41	26
8.5	7.5	42	26.5
9	8	42.5	27
9.5	8.5	43	27.5
10	9	44	28
10.5	9.5	44.5	28.5
11	10	45	29
11.5	10.5	45.5	29.5
12	11	46	30
12.5	11.5	47	30.5
13	12	47.5	31
13.5	12.5	48	31.5
14	13	48.5	32
14.5	13.5	49	32.5
15	14	49.5	33
16	15	50.5	34
17	16	51.5	35
18	17	52.5	36
19	18	53.5	37
20	19	54.5	38

Nike Kid's Shoes Sizes

US	UK	EU	CM
10.5C	10	27.5	16.5
11C	10.5	28	17
11.5C	11	28.5	17.5
12C	11.5	29.5	18
12.5C	12	30	18.5
13C	12.5	31	19
13.5C	13	31.5	19.5
1Y	13.5	32	20
1.5Y	14	33	20.5
2Y	1.5	33.5	21
2.5Y	2	34	21.5
3Y	2.5	35	22
3.5Y	3	35.5	22.5
4Y	3.5	36	23
4.5Y	4	36.5	23.5
5Y	4.5	37.5	23.5
5.5Y	5	38	24
6Y	5.5	38.5	24
6.5Y	6	39	24.5
7Y	6	40	25

Nike Women's Shoes Sizes

US	UK	EU	CM
5	2.5	35.5	22
5.5	3	36	22.5
6	3.5	36.5	23
6.5	4	37.5	23.5
7	4.5	38	24
7.5	5	38.5	24.5
8	5.5	39	25
8.5	6	40	25.5
9	6.5	40.5	26
9.5	7	41	26.5
10	7.5	42	27
10.5	8	42.5	27.5
11	8.5	43	28
11.5	9	44	28.5
12	9.5	44.5	29